

## **Breakfast and Lunch Menu February 17 to February 21, 2025**



DAY	BREAKFAST	LUNCH
MONDAY	Holiday – Presidents Day.	Holiday – Presidents Day.
TUESDAY	Whole-grain cereal, cinnamon roll, fresh fruit, and 100% apple juice, fat-free or low-fat milk.	Meatballs in tomato sauce, pasta, steamed carrots and peas, fresh fruit, fat-free or low-fat milk.
WEDNESDAY	Ham & cheese empanada, fresh fruit, fat-free or low-fat milk.	Beef burger on a wholewheat bun, American cheese (grades 9-12), French fries, shredded iceberg lettuce & tomato mixed salad, mustard & ketchup, fresh fruit, fat-free or low-fat milk.
THURSDAY	Whole-grain cereal, cheese tequeño, fresh fruit, and 100% apple juice, fat- free or low-fat milk.	Whole-wheat cheese pizza, chopped romaine lettuce, iceberg lettuce (grades 9-12) & carrot, radish & cabbage & croutons (grades 9-12) mixed salad, topped with low-fat dressing, 100% orange juice, & fat-free or low-fat milk.
FRIDAY	Whole-grain cereal, donut, fresh fruit, 100% apple juice, and fat-free or low- fat milk.	Meat tacos in a whole-wheat tortilla, pico de gallo, steamed sweet corn, fresh fruit, fat-free or low-fat milk.

This institution is an equal opportunity provider.